

# Westwood Newz

June 2019-Kids Burger Day





It was a Great Burger Day in May. The 5-6 class from Our Lady of Lourdes Catholic School came out to serve and entertain us with some lovely Ukulele Music.



I remember the corned beef of my  
Childhood,  
And the bread that we cut with a knife,  
When the Children helped with the  
housework,  
And the men went to work not the wife.  
The cheese never needed a fridge,  
And the bread was so crusty and hot,  
The Children were seldom unhappy.  
And the Wife was content with her lot.

I remember the milk from the bottle.  
With the yummy cream on the top,  
Our dinner came hot from the oven,  
And not from a freezer: or shop.  
The kids were a lot more contented,  
They didn't need money for kicks,  
Just a game with their friends in the road.  
And sometimes the Saturday flicks.

...  
I remember the slap on my backside,  
And the taste of soap if I swore  
Anorexia and diets weren't heard of  
And we hadn't much choice what we wore.

Do you think that bruised our ego?  
Or our initiative was destroyed?  
We ate what was put on the table  
And I think life was better enjoyed.

*Author Unknown*

## How Many B.C. Towns Can You Guess?

1. Former Queen
2. Fishy Appendage
3. To Woo a Joint
4. 2000 lb. Monarch
5. Pursue
6. Sea Drops
7. Between Faith and Charity
8. \_\_\_\_\_ Donuts
9. Century Edifice
10. Big Utensils
11. Award of
12. Massachusetts Tavern
13. Open Pasture
14. Path
15. Blockade
16. Coloured Stone
17. Noisy Dog Town
18. Costello's Chevy and \_\_\_\_\_
19. Transparent Fluid
20. Cool Hit
21. Money River
22. Mineral Creek
23. Tough Limb
24. Devils Entrance
25. Bee's Bum
26. Bill's Pond
27. Ice Cream Pond
28. Chocolate Dessert
29. Set Fire to Water
30. Felines Cove
31. Aware Cove
32. Attack a Large Animal
33. Premiers Foot
34. Famous Mum in Rocking Chair
35. Dickens Character
36. Admiral of the Fleet
37. Cat's Rug
38. Balcony
39. Soup Stream
40. Rugged Harbour
41. Ringer's Cove
42. Unfriendly Veil Fabric
43. Aching Last Digit
44. Coloured Water
45. Automotive Shaft Circles
46. Stretched Shores
47. Royal Boy
48. Another Royal Boy
49. Kootenay Fortress
50. Loving Cove
51. This Stockade Will Rust
52. A Lot of Talking Here
53. You Can Say Anything Here
54. All that Glitters is Not
55. Quality Returns
56. A sense of Purpose
57. A row of Tall Trees
58. 2000 lb. Shield
59. Left Side of Cantaloupe
60. Woman at Forge
61. Bob's Financial Institution
62. Fuzzy Joint
63. Gritty Saliva
64. Recent Preacher Here from the East

***Answers on Back Page  
of the Newsletter***

## **Here are some facts about life in England during the 1500s:**

Most people got married in June because they took their yearly bath in May and still smelled pretty good by June. However, they were starting to smell so brides carried a bouquet of flowers to hide the body odor. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children-last of all the babies. By then the water was so dirty you could actually lose someone in it - hence the saying, "Don't throw the baby out with the bath water."

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the dogs, cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof-hence the saying "It's raining cats and dogs."

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could really mess up

your nice clean bed. Hence, a bed had large posts at the corners upon which a sheet was hung over the bed, affording some protection. That's how canopy beds came into existence. The floor was dirt. Only the wealthy had something other than dirt, hence the saying "dirt poor."

The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on the floor to help keep their footing. As the winter wore on, they kept adding more thresh until when you opened the door it would all start slipping outside. A piece of wood was placed in the entranceway- hence, a "thresh hold."

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes the stew had food in it that had been there for quite a while -hence the rhyme, "Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old."

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of

wealth that a man "could bring home the bacon. "They would cut off a little to share with guests and would all sit around and "chew the fat."

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning and death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or "upper crust."

Lead cups were used to drink ale or whisky. The combination would sometimes knock them out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. The bodies were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up - hence the custom of holding a "wake."

At that time in England the local people would have no space left in consecrated ground for burials. So they would dig up coffins and take the bones to a "bone-house" and reuse the grave. When reopening these old coffins, 1 out

of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they thought that they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground, tying it to a bell. Someone would have to sit out in the graveyard all night the ("graveyard shift") to listen for the bell; thus, someone could be "saved by the bell" or was considered a "dead ringer."

And that's the truth... (and whoever said that History was boring)?

## TIME MANAGEMENT

One day, an expert in time management was speaking to a group of business students and, to drive home a point, used an illustration those students will never forget. As he stood in front of the group of high-powered overachievers, he said, "Okay, time for a quiz." He pulled out a 1 gallon, wide-mouth mason jar and set it on the table in front of him. Then he produced 12 fist-sized rocks and carefully placed them, one by one, into the jar. When the jar was filled to the top and no more rocks would fit inside, he asked, "Is this jar full?" Everyone in the class answered affirmatively. "Really?" he asked as he reached under the table and pulled out a bucket of gravel. He dumped some gravel in and shook the jar, causing pieces of gravel to work themselves down into the space between the big rocks. Again, he asked the class, "Is the jar full?" "Probably not," replied one student. "Good," he replied as he yet again reached under the table for a bucket of sand. He poured sand into the jar filling the spaces between the rocks and gravel and asked, "Is the jar full?" "No!" the class shouted. The speaker then pulled out a pitcher of water. He poured water into the jar until it was filled to the brim. Then, he looked at the class and asked, "What is the point of this illustration?" One eager student raised his hand and said "The point is, no matter how full your schedule is, if you try really hard, you can always fit more things into it." "No" the speaker replied, "that's not the point. The truth this illustration brings to life is this: If you don't put the big rocks in first, you'll never get them in at all. What are the big rocks in your life? Your children. Your spouse. Your loved ones. Your friendships. Your education. Your dreams. A worthy cause. Teaching or mentoring others. Doing things you love. Time for yourself. Your health. Remember to put these BIG ROCKS in first, or you'll never get them in at all."

## Did You Know?

- \*More than half the population of Kenya is under 15.
- \*99% of people cannot lick their elbow.
- \*In England, the speaker of the house is not allowed to speak.
- \*Honey is the only food that will not spoil.
- \*More than 10% of the world's salt is used to de-ice American roads.
- \*Nearly 50% of the world's scientists are assigned to military projects.
- \*If you put a raisin in a fresh glass of champagne, it will rise and fall continuously.
- \*Goat's milk is used more widely across the world than cow's milk.



## Some Thoughts For Today (To make you smile)

Sometimes, when I look at my children, I say to myself, "Lillian, you should have remained a virgin"

Lillian Carter (mother of Jimmy Carter)

I had a rose named after me and I was very flattered. But I was not pleased to read the description in the catalogue: - No good in a bed, but fine against a wall.

Eleanor Roosevelt

Last week, I stated this woman was the ugliest woman I had ever seen. I have since been visited by her sister, and now wish to withdraw my statement.

Mark Twain

The secret of a good sermon is to have a good beginning and a good ending; and to have the two as close together as possible.

George Burns

Santa Claus has the right idea,. Visit people only once a year.

Victor Borge

Be careful about reading health books. You may die of a misprint.

Mark Twain

I was married by a judge. I should have asked for a jury.

Groucho Marx

By all means, marry. If you get a good wife, you'll become happy; if you get a bad one, you'll become a philosopher.

Socrates

My wife has a slight impediment in her speech. Every now and then she stops to breathe.

Jimmy Durante

I have never hated a man enough to give his diamonds back.

Zsa Zsa Gabor

My luck is so bad that if I bought a cemetery, people would stop dying.

Rodney Dangerfield

Until I was thirteen, I thought my name was SHUT UP.

Joe Namath

Money can't buy you happiness.....but it does bring you a more pleasant form of misery.

Spike Miiigan

I don't feel old. I don't feel anything until noon. Then it's time for my nap.

Bob Hope

I never drink water because of the disgusting things that fish do in it.

W.C. Fields

We could certainly slow down the aging process down if it had to work its way through Congress.

Will Rogers

Don't worry about avoiding temptation. As you get older, it will avoid you.

Winston Churchill

Maybe it's true that life begins at fifty....but everything else starts to wear out, fall out or spread out.

Phyllis Diller

By the time a man is wise enough to watch his step, he's too old to go anywhere.

Billy Crystal

**ATTITUDE**  
“The longer I live, the more I realize the impact of attitude on life. Attitude to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company . . . a church . . . a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past . . . we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, I am convinced that life is 10% what happens to me and 90% how I react to it.”  
by Charles Swindoll

## **B.C. Town Answers** *(excuse my spelling)*

1. Victoria
2. Salmon Arm
3. Courtney
4. Princeton
5. Chase
6. Ocean Falls
7. Hope
8. Duncan
9. 100 Mile
10. Grand Forks
11. Merrit
12. Boston Bar
13. Field
14. Trail
15. Barrier
16. White Rock
17. Barkerville
18. Abbotsford
19. Clearwater
20. Chilliwack
21. Cash Creek
22. Gold River
23. Armstrong
24. Hells Gate
25. Enderby
26. Williams Lake
27. Revelstoke
28. Nanaimo
29. Burns Lake
30. Lions Bay
31. Alert Bay
32. Sicamous
33. Vanderhoof
34. Whistler
35. Oliver
36. Nelson
37. Kitimat
38. Terrace
39. Campbell River
40. Port Hardy
41. Horeshoe Bay
42. Toulamean
43. Sorrento
44. Blue River
45. Kamloops
46. Long Beach
47. Prince George
48. Prince Rupert
49. Castlegar
50. Honeymoon Bay
51. Fort Steele
52. Gossip
53. Secret Cove
54. Golden
55. Qualicum
56. Mission
57. Aldergrove
58. Creston
59. Port Mellon
60. Ladysmith
61. Roberts Bank
62. Fernie
63. Sand Spit
64. New West Minister